


# Illinois DocAssist is a FREE statewide service.

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CONSULTATION LINE HOURS  
9am-5pm | Monday – Friday



## OVERWHELMED BY THE MENTAL HEALTH NEEDS OF YOUR PATIENTS?

Find a solution with Illinois DocAssist, your trusted partner in easing access to behavioral health care. Our psychiatric consultants can quickly assist health care providers and school-based clinicians with addressing the mental health and substance use problems of children, adolescents, and perinatal women.

## Child and Adolescent Mental Health

Illinois health care providers and school-based clinicians who are involved in the care of children and adolescents (through age 21), can consult with our psychiatric experts about their patient's mental health. Consultation and education topics can include medication management, mood and anxiety disorders, self-harm, suicidal ideation, access to care and more.

### Free pediatric services include:

- **Same Day Telephone Consultation:** Prompt access to expert guidance by board certified Child and Adolescent Psychiatrists and Social Workers.
- **Treatment Referral Assistance:** Verified referrals for your pediatric patients who require mental health care outside of the primary care and school setting.
- **Provider Resources:** Essential clinical resources include medication charts, screening tools, patient handouts and more.
- **Continuing Education:** Convenient on demand webinars or live office-based trainings and case consultations.

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*Customized training and education is available upon request for specific behavioral health topics.*

## Perinatal Mental Health

All perinatal health care providers in Illinois can consult with our psychiatric experts about the mental health of their patients. Consultation and education topics may include medication management during pregnancy and lactation, diagnosis and treatment of perinatal mood disorders, anxiety, OCD, substance misuse and other conditions.

### Free perinatal services include:

- **Same Day Telephone Consultation:** Expert guidance by board certified Psychiatrists and Social Workers specializing in maternal mental health and substance misuse.
- **Treatment Referral Assistance:** Verified referrals for your perinatal patients who require mental health care outside of the primary care setting.
- **Provider Resources:** Screening tools, medication charts and treatment algorithms outlining up-to-date clinical recommendations for pregnant and lactating women who have mental health conditions.
- **Continuing Education:** Convenient on demand webinars or live office-based trainings and case consultations.

